

Canouan Island



I have found my paradise. It is on a small 3.25 square mile island in the Caribbean called Canouan (pronounced Can nu wan) Island a pristine island with the most genuine and beautiful people I've ever met in my world travels.

In early June, David and our daughter joined me on a flight to Barbados then a short hop to Canouan's "international" a thatched roof hut airport. Our accommodations at the intimate [Raffles Hotel](#) were in a comfortable two-bedroom villa with a private pool and include a wonderful buffet breakfast.

David and I enjoyed the many activities available: tennis, pools, beaches and complimentary health and fitness club with exercise classes such as Pilates and yoga. The golf course was gorgeous—with fabulous views from every green. It was just a short funicular ride to the Amrita spa where our spa experience included a Jacuzzi and steam bath.

Canouan is known as a top snorkeling destination with exceptional coral and an abundance of sea turtles. Our three year old had the time of her life at the Kids Club each day under the care of a fabulous and lovely nanny

named Carmen. In the evening our dining experience included Italian, French along with Caribbean cuisine followed by nightlife, live entertainment, and casinos.



The Canouans are a well-kept secret—a truly secluded exclusive retreat—the perfect antidote for our busy hectic lives. This fall the resort is offering fabulous hotel rates as low as \$350 per night (including breakfast and transfers) with buy one-get one offers on golf. Contact me at hurley@travelexperts.com for more information—I can't say enough about this wonderful destination.

Travel tip from Pam Hurley-Moser: Extend your time in the Caribbean with a stopover in Barbados. We found a wonderful value in a property called [The Crane](#)—just 15 minutes from the airport. Our stay at the property was in a condo with a kitchen and washer/drier for \$150 per night.